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THE REFRACTION

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Streak: Lost 1

The unofficial game day newsletter of The Spectrum

Streak: Won 2

Vol. 4, Issue 4 - Dec. 7, 2010

Utah State vs. Long Beach State

ReSpectrum: 179-13

"A Cold-Blooded Wrecking Machine since 2007"

The Hit List

#	NAME	HT	POS	YR
22	Casper Ware	5-10	G	Jr.
3	Greg Plater	6-1	G	Sr.
21	Larry Anderson	6-5	G	Jr.
4	Eugene Phelps	6-6	F	Jr.
20	T.J. Robinson	6-8	F	Jr.
2	Tristan Wilson	6-5	G	Sr.
11	Lin Chang	6-9	F	Jr.
12	Corey Jackson	6-0	G	Jr.
13	Edis Dervisevic	6-8	F	Jr.
14	Mike Vantrimpont	7-0	C	So.
15	Jacob Thomas	6-4	F	Fr.
23	Sean Starkey	6-4	G/F	Jr.
25	Jerramy King	5-11	G	So.
33	Nick Shepherd	6-9	F	Fr.
34	Kyle Richardson	6-7	F	So.

Head Coach: Dan Monson

In All Honesty: A game preview

Long Beach State comes to the Spectrum fresh off of handing Boise State its first loss of the young season and with the memory of last year's thumping of Utah State in Long Beach definitely lingering in their minds.

Leading the 49ers is junior point guard Casper Ware, who does a little bit of everything for his team. Ware is averaging 15 points, 3.3 rebounds and 5.6 assists per game so far this season. He also is leading the team in steals with 22 on the season.

As a team, LBSU seems to be hit or miss. On one hand, they kept within 16 points against a stellar San Diego State team to open the season, but then went on the road and got demolished by Washington. In the past week, they managed to beat BYU-Hawaii by just seven points at home, but then went on the road and beat Boise State.

With that said, it's tough to determine which 49ers team is going to show up tonight, but they have the potential to give USU fits with their athleticism and outside shooting ability just like they did a year ago.

If there has been one constant weakness though for the 49ers, it would be the defense coming from their guards. Opposing backcourters have gone off for big games against LBSU in essentially every game this year, meaning the pressure is on for Brockeith and Pooh to make something happen. Gut feeling also says that Tyler Newbold finally busts all the way out of his annual early season slump today. He showed flashes of it at Georgetown. Here's hoping that was no fluke.

Missed any issues of The Refraction???

Visit www.usustats.com/refraction and get caught up on what you've been missing (that means you freshmen). Also join our group on Facebook for all our updates and info on coordinating the chaos that we so often coordinate.

No sick days theme = Practicing in plastic bubbles = LOL for everybody else

This one of those rare, "we've gotta hand it to you guys because this is pretty funny" moments that we dish out from time to time here at The Refraction.

Long Beach State has decided to go the route of viral videos to bring attention to their program. The most popular of which was their "No sick days" video, which had two of their players practicing against the team in huge plastic bubbles (as seen to the right).

They also made a sequel to that in which their coach got sick, and was coaching practice in one of those bubbles. That one mostly just had the coach blowing his whistle non-stop, and then stopping to draw up a play on the wall of the bubble.

Sure, the acting was horrible, and the videos weren't something you'd watch over and over, but you kind of have to some kudos.

Don't think they haven't made a video or two that weren't every bit as laughably bad as the No Sick Days videos were entertaining.

Also don't think that this dedication to practice has totally paid off, what with them having just a 5-4 record and all.



Getting up to speed on things...

Since we're already about a quarter of the way through the season, if you can believe that, and with Thanksgiving stealing everyone's attention, it's about time to get caught up to speed.

First thing is first... The WAC absolutely BLOWS this year!!! Utah State is doing well as always, despite two losses on the road to top-25 teams. The rest of the conference though, has been pretty horrible. Yes, six of the nine teams do have winning records thus far, but outside of USU, the toughest strength of schedule a winning team has played is LA Tech's 191.

Between Nevada, New Mexico State and Fresno State, those teams have combined to go a stunning 2-17 against Division-1 opponents. In other words, unless those teams put things together really quick, USU isn't going to have much competition in the WAC this year (not to say we really would have otherwise).

WAC Standings

Team	W-L	RPI	SOS
Boise State	6-1	255	343
Fresno State	1-5	219	30
Hawaii	5-2	185	285
Idaho	5-3	228	286
Louisiana Tech	7-2	83	191
Nevada	1-7	304	187
New Mexico State	2-6	231	97
San Jose State	5-2	107	235
Utah State	5-2	25	50

Stew going for 300th win at USU

Just so everyone knows, a win tonight would be the 300th win for Stew Morrill as head coach of Utah State. He's already the all-time leader in coaching wins here as of three years ago, so this is just another milestone of his. Get the whiteboards ready to show some love if the Aggies win this one.



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The Petri Dish - The team with the boys (and coach) in the plastic bubbles

Head coach Dan Monson - Was the head coach at Gonzaga and is partly responsible for their rise to power, coaching them to the Elite 8 in 1999. Parlayed that success into getting a job at Minnesota where his coaching record was just over .500 in seven years of coaching there. Long Beach State has yet to make a post season in his three years as head coach.

#3 Greg Plater - Going for a double major in both Recreation AND Leisure studies.

#4 Eugene Phelps - Is sporting a pretty incredible beard this season.

#11 Lin Chang - A shorter, less athletic version of Yao Ming. Went to high school in China and CANADA

#12 Corey Jackson - Transfer from the Fashion Institute of Technology, which is not a made up school surprisingly

#14 Mike Vantrimpont - He's the really tall guy sitting on the bench. Has scored 2 points in his career. Appears to be suffering from a case of David Foster Syndrome (very tall, with no basketball talent)

#22 Casper Ware - Tiny

#23 Sean Starkey - Has more fouls (5) than points (3) this season.

#25 Jerramy King - Has more fouls (10) and turnovers (3) than points (2) this season.

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